



Invitation

TeamGym International Cup for Clubs

23rd May 2020, Dornbirn, Austria

Dear friends of gymnastics,

Turnsportzentrum Dornbirn cordially invites you to one part of the **TeamGym International Cup for Clubs 2020**. The Austrian Gymnastics Federation also approves this meeting.

We are pleased to give you the following information:

1. Date

Friday	May 22	Arrival of teams
Saturday	May 23	Judges meeting, training and competition
Sunday	May 24	Departure

2. Venue

The competition will take place at Messehalle 1 in 6850 Dornbirn, Messestraße 4.

3. Competition rules

We invite all European junior teams, senior teams and also youth teams. We will use the rules of the TeamGym International Cup for Clubs.

4. Apparatuses/Equipment

Floor: Mats 14 x 16 m supplied by Spieth. Tumble track supplied by Redskaber. Vaulting tables supplied by Redskaber (height 135-165 cm). Trampettes supplied by Spieth/Eurogym/Dorado.

5. Judges

Each team is asked to bring a judge (national brevet or higher) at its own cost.

6. Accommodation

You can contact <https://www.vorarlberg.travel/urlaub-planen/hotels-und-unterkuenfte/> or the Olympic centre <http://www.olympiazentrum-vorarlberg.at/hotel-sportanlagen>. You also can ask the organizing committee for assistance.



7. Participants

- Senior (women, mixed, men)
- Junior (women, mixed, men)
- Youth 1 (women, mixed, men)
- Youth 2 (women, mixed, men)

Austrian categories - not part of International TeamGym Cup:

- Jugend 3: 2008 and younger
- Jugend 2: 2005 and younger
- Jugend 1: 2008 and older

These categories compete according to Austrian rules.

The rules can be found at <https://www.oeft.at/de/service/downloads#team-turnen>

8. Organizing Committee (OC) contact address

Turnsportzentrum Dornbirn, Marialuise Kogler, E-mail: marialuise.kogler@A1.net
Mobile: +43 664 4353410

9. Registration

Please send your registrations by email to marialuise.kogler@A1.net. You will receive further information after the final date of definitive registration: 30th April 2020.

Music should be uploaded to the website <http://www.tsz-dornbirn.at> till 15th May 2020.

10. The participation fee

The participation fee is 140 Euros for each team. Please make your payments one week after the definite registration to:

Turnsportzentrum Dornbirn, 6850 Dornbirn, Austria
Bank Details: IBAN: AT17 3742 0000 0031 1498; Swift Code: RSVGAT2B420

Looking forward to welcoming you in Austria!

Best regards

Turnsportzentrum Dornbirn
Marialuise Kogler



D. Tables

Table 1 Sections and Categories

TeamGym Section					Micro Team (Trio) Section				
Floor, Tumble and Trampet					Tumble and Trampet only				
Youth 1	Youth 2	Junior	Senior	Master	Youth 1 Trio	Youth 2 Trio	Junior Trio	Senior Trio	Master Trio
2010/2009	2008/2007	2006/2004	2003/1985	1984 →	2010/2009	2008/2007	2006/2004	2003/1985	1984 →
5 to 8 gymnasts		5 to 10 gymnasts			3 to 4 gymnasts				
		Years 2007 can compete in Junior Team Years 2003 can compete in Junior Team		50% can be composed by Seniors			May have 1 younger or older gymnast than the age limit		50% can be composed by Seniors
M, W & Mix Mix only need 1 gymnast of opposite sex always in every stream		M, W & Mix Mix need 50% gymnasts of opposite sex.	M, W & Mix Mix need 50% gymnasts of opposite sex.		M, W and Mix teams compete in ONE DIVISION	M, W & Mix Mix only need 1 gymnast of opposite sex always in every stream			

Table 2 Floor (TeamGym)

Age Category	YOUTH 1 and 2	JUNIOR	SENIOR	MASTER	Notes
Area	14 m x 14 m	14 m x 16 m			The floor should be 14 x 16m with additional lines showing the 14 x 14 for youths. If organisers are unable to provide a full area, this information should be made very clear in the invitation.
Time	1:30 – 2:15	2:15 – 2:45			
Formations	Minimum 4 (1 moving curved, 1 small, 1 large)	As per UEG code		Minimum 4 (1 moving curved, 1 small, 1 large)	
Difficult Elements	1 acro, 1 dynamic balance, 1 jump/hop/leap, 1 standing balance	As per UEG code		1 acro, 1 dynamic balance, 1 jump/hop/leap, 1 standing balance	
Combination	As per UEG code				
Micro Teams	No Floor programme for Micro Teams				

Table 3 Tumble (TeamGym and Micro Teams)

Age Category	YOUTH 1 and 2	JUNIOR	SENIOR	MASTER	Notes
Equipment	TeamGym Tumble Track or Air Track (20 cm. high) with 16 m run up				
Gymnasts per round	TG or 4 or 6 gymnasts - Micro Teams 3 gymnasts				
CoP	UEG CoP with following changes/additions				
Changes	<ol style="list-style-type: none"> Each series composed of 2 or 3 elements Three rounds (1 Fwd & 1 Bwd compulsory, no requirements for elements direction for the 3rd round) Intermediate steps allowed – 1,00 deduction per step (Difficulty counted) Stops do not end routine but are deducted Forward and backward rolls are accepted but not after a salto No compulsory twist (Long. axis) Same salto is accepted without deduction 	No changes		<ol style="list-style-type: none"> Each series composed of 2 or 3 elements Three rounds (1 Fwd & 1 Bwd compulsory, no requirements for elements direction for the 3rd round) Intermediate steps allowed – 1,00 deduction per step (Difficulty counted) Stops do not end routine but are deducted Forward and backward rolls are accepted but not after a salto No compulsory twist (Long. axis) Same salto is accepted without deduction 	
Additional Elements	<ol style="list-style-type: none"> Forward roll 0.05 Backward roll 0.05 				

Table 4 Trampet (TeamGym and Micro Teams)

Age Category	YOUTH 1 and 2	JUNIOR	SENIOR	MASTER	Notes
Equipment	TeamGym Trampet and Vault Table				
Gymnasts per round	TG or 4 or 6 gymnasts and Micro Teams - 3 gymnasts				
CoP	UEG CoP with following changes/additions				
Change	<ol style="list-style-type: none"> NO Double salto requirement Half twist requirement (Replace full twist) 1 Vault round compulsory h.145 cm. 	Vault compulsory min. h.155 cm.	Vault compulsory h.165 cm.	<ol style="list-style-type: none"> NO Double salto requirement Half twist requirement (Replace full twist) 1 Vault round compulsory h.145 cm. 	
Additional elements	No additions				